

Normatec Compression Therapy Sessions

Served to you *exclusively* at StretchLab

What is Normatec?

Normatec is a pneumatic compression therapy device designed to help improve circulation, improve flexibility and improve muscle recovery. The Normatec leg attachments utilize compressed air to massage the leg muscles and mobilize fluid.

BENEFITS

Increased blood flow & circulation

Improved range of motion

Optimized recovery post-workout or after long days



How Normatec Works



Normatec uses pneumatic compression therapy by filling separate chambers up with air, creating soothing and relieving pressure on the limbs.

Pulsing Compression

The boots inflate and deflate chambers in a sequential pattern, mimicking the muscle pump action of the legs and arms. This helps move fluids and metabolic waste out of the muscles.

One-Way Valve System

The boots mimic the one-way valve system of veins to prevent fluid from flowing in the wrong direction.

Dynamic Compression

The boots use repetitive inflation and deflation to squeeze the muscles and tissues.

Sequential Pulse Technology

The boots hold and release pressure in each zone to prevent circulatory flow damage.



Normatec Compression Therapy Sessions

Served to you **exclusively** at StretchLab

Member Perks:

Active Members

1 Complimentary **30-minute** Normatec session

Active Members

Add unlimited Normatec sessions to your membership for only **\$49/mo**

**Credits are lost if membership is cancelled.*

Vistor Options:

Non-Members

Single-use **30-minute** session for only **\$29**

Non-Members

10 Pack of **30-minute** sessions for **\$149**
(180 day expiration date)

